**The Buzz**

**Beresford Road PS School & Community News**

74 Beresford Road, Greystanes, 2145  T 98962644  F 9896 3172  E beresfdrd-p.school@det.nsw.edu.au

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**Issue 05 - Term 1 - Week 10**

**Tuesday 2nd April 2013**

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**PSSA News**

We have finally had a few weeks of PSSA sport and the results so far are mixed for the Bulls. The last week of Summer PSSA will be next week (Week 11) and the first week back next term we will be having Winter PSSA trials on Friday.

Friday 12th April, 2013:

- Teeball – Boys & Girls v Girraween at Darling St Park
- Softball – Boys & Girls v Girraween at Darling St Park
- Newcombeball – vs Toongabbie at Beresford Road PS
- AFL – Juniors & Seniors v Toongabbie at Binalong Oval
- AFL Blues – Juniors & Seniors v Reds at Binalong Oval

(AFL & Blues will be catching Bus no.1 to Pendle Hill PS then onto Binalong Oval)

**Zone PSSA Sporting Teams@ Sydney West Championships**

Over the last few weeks there have been numerous students from Beresford Road trailering for various sporting teams at a zone PSSA level to compete at Sydney West Championships. These students have been selected and have either competed or are waiting to compete in these sports at a Sydney West Championships:

- **Swimming**
  - Rachel Farrugia
  - Jake Farrugia
  - Samuel Agius
  - Boehn Russell

- **Touch Football**
  - Samuel Agius
  - Boehn Russell

- **Girls Football**
  - Pene Bonovas
  - Dhanush Bonu

- **Tennis**
  - Jai Jenkins

- **Rugby League**
  - Justin Borg
  - Timana Mikaere
  - Boehn Russell
  - Samuel Agius

- **AFL**
  - Karl Khouiss

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**CONGRATULATIONS** to these students for being selected in these representative sporting teams, which is not an easy task in a PSSA Zone which comprising 27 different schools.

**Sydney West Swimming Championships**

**CONGRATULATIONS** to Jake and Rachel Farrugia for their outstanding efforts representing our zone at the Sydney West Swimming Championships held two weeks ago at Homebush Olympic Aquatic Centre.

Jake was unfortunate in that he missed out making it to the NSW Championships by less than 0.29 (50m Butterfly) and 0.31 (50m Backstroke) of a second in two of his events. Jake did however break some more long standing records and improve on his own records from our Zone carnival. Check out their efforts on next page:

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**Upcoming Events**

**April**

- **Mon 1st**
  - Easter Monday
- **Tues 2nd**
  - P&C Meeting 7pm
- **Fri 12th**
  - End of Term
- **Thur 25th**
  - Anzac Day
- **Mon 29th**
  - School Development Day
- **Tue 30th**
  - School Development Day

**May**

- **Wed 1st**
  - First day Term 2
- **Thur 9th**
  - Cross Country
- **Wed 8th**
  - Mothers Day Stall
- **Fri 10th**
  - Mothers Day Stall
- **Fri 31st May**
  - Zone Cross Country

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**Assemblies**

- Friday 5/4  2.00pm  Years 3-6  3/4G
- Friday 12/4  2.00pm  Years K-6  2L (Anzac Service to follow)
PSSA News (cont)

Jake Farrugia

3rd place - Junior Boys Champion

4th place 200m Individual Medley – New Zone & School Record of 3.19:90 (Zone record has stood since 2004)

5th 10yrs 50m Freestyle – New School Record 36.09 (School record has stood since 1991)

5th Junior Breaststroke

4th Junior Backstroke – New Zone and School Record of 42:80 (Zone record has stood since 1991 and school record has stood since 1989)

4th Junior Butterfly – New Zone and School Record of 40:67 (Zone record has stood since 1999 and school record since 1986)

Rachel Farrugia

5th 8yrs 50m Freestyle

Well done Jake and Rachel!!!

Jerome Wicks

Principal's Message

School staff update

We have a couple of staffing changes as we move into term two this year. Two of our teachers, Mrs Cukman and Mrs Clewers, will have maternity leave for the rest of the year. Mrs Cukman began her leave last week and will be replaced by Mrs Kimpton. This year Mrs Cukman had the dual role of support teacher and RFF teacher. Mrs Kimpton has undertaken both these roles for us in the past. Mrs Clewers will finish with 2C at the end of the term and be replaced by Mr Sinclair. Many of you will remember Mr Sinclair’s work with Mrs Cukman and 2C last year. We are lucky to be able to replace both our outstanding teachers with teachers who know the school routines and students. I’d like to wish Mrs Cukman and Mrs Clewers all the best with their pregnancies.

The school has also been successful in an application to be part of the L3 literacy program for 2013. The program will enhance the kindergarten literacy program. Our new learning and support teacher, Ms Rogerson, will lead this program both here and at Greystanes PS. We have been provided with funds to release Ms Rogerson every Wednesday for the rest of the year to administer this program and Mrs Abramovic has been employed in this role.

Mrs Norvill will be taking a well deserved holiday at the beginning of term two. Mrs Stafford will relieve as Office Manager during this time.

P & C

I would like to acknowledge the new P & C executive who were elected at the last meeting. Congratulations to Annette Cachia (President), Michelle Burns & Matt Austine (Vice Presidents), Beth Rich (Treasurer) and Nicole Hudson (Secretary).

Don’t forget the P & C meeting tonight at 7.30pm in the staffroom. The P & C fundraising meeting will precede it at 7.00pm. All are welcome.

School Voluntary Contributions

At the Easter Hat Parade last week we drew out the names of three families to win a $50 shopping voucher. All families who had made a school contribution payment were included in the draw. Congratulations to the Arambasics, O’Neill and Stevens families!

Mobile Phones

I completely understand the need that some families have to send their children to school with a mobile phone – all to do with safely collecting students after school.

There is no need to have a mobile phone switched on during school hours, there is no need to have it in the playground, there is no need to show it to friends and no need to make calls before 3.00pm.

Phones are valuable objects and must be treated as such. The school office is happy to mind the phone of any child during the day to keep it safe. Phones kept in bags or in pockets are the responsibility of the child not the school. If you have allowed your child to have a phone at school please discuss how it should be safely used and stored and if it is even really needed to be at school.

Have a Safe and Happy Holiday

David Leydon

April school holidays

Have you got April school holidays organised yet? It’s not too late to book for a Sport and Recreation Kids’ Camp. Watch the video to see how much fun these kids are having.

P&C News

Cross Country– Major fundraising initiative on behalf of the P&C COMMITTEE

We will be conducting our major fundraiser for this term as part of our usual cross country so we really need your support. The event will be held on 9th May 2013. Funds raised will provide additional resources for the students such as one set of class ipads.

Students have received a sponsorship form with a selection of over 75 prizes to choose from such as Barbie, Nerf, Hot Wheels, Razor, Pillow Pets and much, much, more. If you have misplaced your sponsorship form, please see the staff at the Office.

We ask you to seek donations on a $2 or $4 or $5 or $10 per sponsor. Students who receive only $10 or more in donations will be entitled to a prize of their choice and will also receive a family discount voucher for Baskin Robbins, Stefan Salon and Pixie Foto valued at $140.

Also on offer is a 2GB MP3 player for the highest fundraising student and a free surprise party for the highest fundraising class. Each student will also receive a Berri Quelch frozen juice stick on the day of the event.

WIN AN IPAD – each student has the chance to win an iPad. At the end of each term a winner will be selected. If one of our students wins the prize, our school will also win two (2) iPads. So don’t forget to enter. For more details on this promotion and how to enter, please view the back page of the sponsorship form or visit www.myschoolathon.com.au

Once the fundraiser is complete, please cut out the ‘how to claim your prize section’ on the sponsorship form and return along with your monies to the Office on or before the 9th May. Please be sure to fill out your prize request. The individual prizes will be delivered shortly after.

Happy fundraising, and we look forward to seeing you at our Cross country to cheer on the students.

P&C Meeting

Fundraising Meeting tonight 7pm followed by our normal Meeting at 7.30pm in the staff room. Everyone is most welcome.

If you are unable to attend meeting but wish to help in anyway.
Please email us on beresfordrdpandc@y7mail.com

Mother day Stall

Wednesday 8th May and Friday 10th May

Gifts from $1 to $10.00

Walk A Thon

You have received information today regarding this year Cross Country. This will take place on Thursday 9th May. Sponsorship form will be going home last week of this term.

Library News

We have had many requests for particular books throughout the term, which I am happy to say we have filled. I have listed some websites that you might like to visit during the holidays in regard to these titles.

Skulduggery Pleasant (Derek Landy)
http://www.skuldugerypleasant.com

Dork Diaries (Rachel Renee Russell)
http://www.dorkdiaries.com

Roald Dahl
www.roalddahl.com

Guinness Book of Records
http://www.guinnessworldrecords.com

Once/Then/Now/After (Morris Gleitzman)
http://www.morrisgleitzman.com

EJ12 (Susannah McFarlane)
http://ej12girlhero.com

The Very Hungry Caterpillar (Eric Carle Author Interview)
http://www.scholastic.com/teachers/article/eric-carle-author-study

http://www.eric-carle.com

Harry Potter (J.K Rowling)
http://harrypotter.scholastic.com

Happy Holidays and Enjoy!
A day with 1A!!

This term in 1A, our topic has been all about Minibeasts.

Children had to create a Minibeast collage for their Topic News. Archie went to a lot of effort.

Leon and Dylan are holding our class pet. Her name is Grace and she is a spiny leaf insect.
Fatema’s description of a Wolf Spider.

Learning all about adjectives

Learning about multiplication.
Interview by Dylan Morley and Takoda Cummings

Mrs Doran in the Spotlight

Dylan: What is the book you are currently reading?
Mrs Doran: Jodi Picoult The Story Teller.

Takoda: What is your hobby?
Mrs Doran: Reading and Sudoku.

Dylan: What is your favourite movie?
Mrs Doran: Harry Potter.

Takoda: What is your favourite food?
Mrs Doran: Sea Food.

Dylan: Do you have a pet and what is its name?
Mrs Doran: One dog called Misty and two cats Serena and Venus.

Takoda: What is your favourite colour?
Mrs Doran: Green.

Crunch and Sip

Information for Parents

What is Crunch&Sip®
Crunch&Sip® is a primary school program that lets children crunch on vegetables and fruit and sip water in the classroom. It encourages children to choose vegetables and fruit as a snack and water as a drink. These healthy options provide important nutrients for kids, allows them to ‘re-fuel’ and can help improve their physical health and concentration.

Instructions for Parents
Crunch&Sip® takes place each day in the classroom. Please send your child to school with some vegetables or fruit and a water bottle, so they can take part in this great program.

Why are vegetables and fruit so important?
Eating a variety of foods is important for good health, both now and in the future. Poor eating habits have been linked to a number of diseases, such as heart problems and some forms of cancer.

Don’t forget the Water?
Children rarely drink enough water and often forget to drink unless reminded. Crunch&Sip® allows them to drink water in the classroom, avoiding dehydration, which can cause headaches and irritability.
Beresford Road Public School Merit Card Winners, Week 8

**Gold Certificate**

Liam Craig 3/4G

**Blue Certificate**

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<tr>
<th>Tamai Harmer</th>
<th>Olivia Stevens</th>
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<td>Olivia Topic</td>
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<tr>
<th>Class</th>
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<tr>
<td>3F</td>
<td>Jamie Fowler, Deema Al Qadi, Keilani Cummings</td>
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<td>3/4G</td>
<td>Raqib Ahmed, Emma Yaghi, Christian Wheatley</td>
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<td>3/4P</td>
<td>Anthony Francis, Connor Griffiths, Ethan Alimboyao</td>
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<td>4/5F</td>
<td>Leo Puruto, Zachary Olsen, Elham Hakimi</td>
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<tr>
<td>5/6D</td>
<td>Aaliyah Barr, Zak Abbas, Emma Wiggins</td>
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<tr>
<td>5/6L</td>
<td>Keisha Lesaisaea, Renee Fordham, Hazan Ozbal</td>
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<tr>
<td>5/6W</td>
<td>Melanie Kidd, Angela Khuu, Mariam Alameddine</td>
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**Sport Awards**

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<tr>
<td>Jamil Chalghin</td>
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<tr>
<td>Ryan Halabi</td>
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<tr>
<td>Denise Coates</td>
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<tr>
<td>Josh Overton</td>
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<td>Paris Reiche</td>
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PARRAMATTA CITY TITANS

PLAYERS NEEDED TO PLAY RUGBY LEAGUE …

IF YOU WANT TO PLAY RUGBY LEAGUE, WE STILL HAVE PLACES FOR THE FOLLOWING AGE GROUPS –

UNDER 6’s, 7’s, 8’s, 9’s, 10’s, 12’s, 13’s

PLEASE CALL US ON 0424 754 886 TO ENQUIRE
Uniform Shop

14/03/2013  2:45-3:30pm
19/03/2013  8:30-9:15am
28/03/2013  2:45-3:30pm
02/04/2013  8:30-9:15am
11/04/2013  2:45-3:30pm

Office News

Website

Our website will now have all notes that get sent home uploaded on it, so if you misplace one or need information you may now reprint them from home. Any upcoming events will also be in the calendar on the website.

Absences

If your child is going to be away for more than 2 days can you please ring the office to let us know there is no need to call if your child will only be absent for one day, just send a note to school for their teacher to explain why they were absent.

How confidence develops

For most children starting school means spending more time on learning and less on play. It also means more expectations of them – from parents, carers, teaching staff and also from themselves.

Primary school children typically start out with high expectations. When they see how well they do things compared to others, their view of their own abilities often changes. They learn that they are good at some things and not so good at others. They also see how other children and teaching staff respond to what they do.

These things influence children’s confidence in their abilities. They also influence how willing they are to have a go in situations where they feel unsure.

How parents and carers can help

Encouraging Children to have a go and valuing individual improvement support children’s confidence.
Confident thinking
Self-esteem is an important part of confidence. Having good self-esteem means accepting and feeling positive about yourself. Confidence is not just feeling good but also knowing you are good at something.

Particular ways of thinking are very important for building confidence. Helpful ways of thinking include:

- believing that, if you try, you can succeed
- finding positive ways to cope with failure that encourage having another go
- enjoying learning for its own sake by competing with your own performance rather than that of others.

Dealing with disappointment
Everybody fails to achieve their goals sometimes. Parents and carers (and teaching staff) can help by:

- Responding sympathetically and with encouragement, e.g., “That was disappointing, but at least you had a go.”
- Helping kids focus on what they can change to make things better, rather than thinking that the situation is unchangeable or that there is something wrong with them, e.g., “What can you try that might make that work better next time?”
- Challenging ‘I can’t’ thinking by showing, and saying, you believe in them and reminding them of what they have achieved.

Optimistic thinking recognises what has been achieved more than what is lacking. It looks at the glass as half full rather than half empty.

Parents and carers can help children focus on their own effort and on achieving personal goals as the best way to measure success.