Principal’s Message

P & C Meeting

The P & C will meet tonight. They will be conducting their AGM from 7.00pm-7.30pm. At 7.30pm they will move into their general meeting. Mr Grant Sparke, Principal Greystanes High School, will be attending to talk about your high school options for 2015. He will also be able to answer any general high school questions that you have. Moving to high school can be quite a change for some students (and parents) and this is a great opportunity to meet with the principal from our local high school and have your questions answered.

Helping with writing at home

Writing is an easy area to help with at home that can lead to improvements at school.

It can start with simply writing out the shopping list or writing the messages on birthday cards. Using the weekly spelling list words in sentences is a great way to complete ‘extra’ homework. Choose a spelling word, ask your child to say it in a sentence and then write the sentence. You may need to do this together at the start.

Keeping a journal is an excellent way to help your child use more descriptive language. It can be a sentence or a paragraph about each day or a special event. It is a great holiday keepsake – my daughter enjoys looking back at her thoughts about our family holidays.

Asking your child to write at home is an excellent way to see how they are performing – you see spelling, handwriting, grammar, imagination and comprehension.

Speech Pathologist

‘Miss Reema’ has now been working in our Stage 1 classes for four weeks. I have had excellent feedback from students and staff about the program. Having a speech pathologist as part of our lessons has provided as strong oral language focus to our reading and writing lessons.

Reema will be holding a meet and greet for Year 1 and 2 parents next Monday (16 March) at 2.30pm. She will discuss her role in the school and how you can support the language development of your child at home.

Mobile Phones

I completely understand the need that some families have to send their children to school with a mobile phone – all to do with safely collecting students after school.

There is no need to have a mobile phone switched on during school hours, there is no need to have it in the playground, there is no need to show it to friends and no need to make calls before 3.00pm.

Phones are valuable objects and must be treated as such. The school office is happy to mind the phone of any child during the day to keep it safe. Phones kept in bags are the responsibility of the child not the school. If you have allowed your child to have a phone at school please discuss how it should be safely used and stored and if it is even really needed to be at school.

Upcoming Events

March

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tues 3rd</td>
<td>P&amp;C AGM and meeting</td>
</tr>
<tr>
<td>Wed 4th</td>
<td>3-6 Macbeth Play Greystanes High School</td>
</tr>
<tr>
<td>Fri 6th</td>
<td>Zone Swimming</td>
</tr>
<tr>
<td>Wed 25th</td>
<td>School Disco</td>
</tr>
<tr>
<td>Mon 30th</td>
<td>School Photos</td>
</tr>
</tbody>
</table>

April

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wed 1st</td>
<td>Scripture Concert</td>
</tr>
<tr>
<td>Thurs 2nd</td>
<td>Easter Hat Parade K-2</td>
</tr>
<tr>
<td>Thurs 2nd</td>
<td>Decorate an egg 3-6</td>
</tr>
<tr>
<td>Thurs 2nd</td>
<td>Last day of Term 1</td>
</tr>
</tbody>
</table>

Assemblies

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Years</th>
<th>Group</th>
</tr>
</thead>
<tbody>
<tr>
<td>Friday 06/03</td>
<td>2.00pm</td>
<td>3-6</td>
<td>5/6D</td>
</tr>
<tr>
<td>Friday 13/03</td>
<td>2.00pm</td>
<td>K-2</td>
<td>1G</td>
</tr>
<tr>
<td>Friday 20/03</td>
<td>2.00pm</td>
<td>3-6</td>
<td>5/6B</td>
</tr>
</tbody>
</table>
PSSA News

It has been a great start to PSSA this year. Most BRPS teams won their games. Unfortunately, there will be no PSSA this Friday 6th March because of the Sydney West Zone Swimming championships. Summer PSSA will resume next week Friday 13th March. With zone interruptions to the beginning of Summer PSSA, after term 1 it will start again in Term 3, week 9.

Round 2 -13/3/15

Softball Vs Girra Yellow-Darling Street
Newcombeball Vs Wenty Black– Beresford Rd
Cricket Vs Wenty-Bathurst Street
Tee Ball Vs Toony West-Darling Street
AFL Vs Toony White-Binalong Oval

P & C News

AGM
Don’t forget we have our Annual General Meeting tonight. This means we are nominating and voting on the 2015 Executive Committee. If you were a financial member in 2014 you are eligible to vote. Meeting will commence at 7.00pm in the staff room.

P & C Meeting
The March meeting will commence following the AGM, at 7.30pm. We encourage all new (and old) parents to the school to come along and get involved. We are all about making an inclusive community and need you for that! At the meeting we will be discussing what major school item/s we would like to contribute our fundraising funds for, along with the opportunity to voice any queries or concerns you may have regarding the school and students.

DON’T FORGET -- The Principal from Greystanes High School will be presenting at this meeting, so if you have a child in year 5 or 6 this is a meeting you don't want to miss. A great opportunity to hear all about our local high school, as well as ask any questions you may have.

UPCOMING EVENTS:
In March we will be holding a St Patrick's Day themed mufti day. Dress in green and bring a gold coin donation! Look out for posters around the school for further details.

START SAVING: In the middle of the year we will be holding our "Loose Coin Challenge" again. There will be a few changes coming, but for now, start saving those loose coins!! Look out for more information in upcoming newsletters.

If you are unable to attend meetings but would like to volunteer or contribute, or just receive the meeting minutes, please email beresfordrdpandc@y7mail.com

Office News

Keeping up to date
For the most up to date information please go to our webpage or facebook. They will both have information about PSSA, excursions, money due etc.

Credit card Payment
The minimum credit card payment that we are able to process is $20. And please make sure that all money is in a SEALED envelope.

Absences
If your child is going to be away from school please only call the office if they will be away for 3 days or more. If it is for one or two days just send a note explaining the reason on their return.

MONEY DAYS

MONDAY, WEDNESDAY and THURSDAY

by 10am. Please also make sure that all money is in a envelope and clearly marked with child’s name, class, excursion. If money is paid via credit card please make sure this is marked on front of envelope also.

It is a Departmental policy that money not be kept on the premises so can you please assist by not sending money in on any other day. Please also make sure that money is paid on the due date by 10am as all the appropriate paperwork for the excursion must also be completed.

Kids Matter

Rule of the Week

Week Six – Participate – I have a go
Week Seven – Respect – I follow the teachers instructions
Library News

Book Club is due back to school by Thursday 12th March. All orders to be paid on-line.

Congratulations to 5/6D for being the class to order the most in issue 1 of Book Club.

To celebrate the 150th anniversary of Alice’s Adventures in Wonderland, you’re invited to create a NEW character inspired by Lewis Carroll’s wondrous work.

Will you give Alice a new bestie, invite someone else to the Mad Hatter’s tea party or replace the Cheshire Cat with another cool creature?

Make sure you include a description of your character as well as a drawing, and tell us how he/she/it fits into the original story.

**How to enter:**

Email your creation to competitions@scholastic.com.au or mail it to:

Alice in Wonderland Competition
PO Box 579,
Gosford NSW 2250

For full T & C:

Harmony Day - 2015

21st March is celebrated as Harmony Day in Australia.

It is about celebrating the dynamic, diverse country that we have become and enjoying the benefits that it brings to every one of us. For more information please go to: www.harmony.gov.au

Our theme for this year’s Harmony day is: Imaginatively Orange

The children will be wearing orange for harmony on this day and use their imagination to come up with quirky orange dress up ideas. (Wear orange clothes, colour your hair orange, orange face paint, orange shoes, orange braids).

All the different orange styles would still be in harmony because of the common theme of orange just like we may belong to different race, religion, cultural and language groups but as humans we still are in harmony with each other. Without Harmony we cease to exist!

Harmony Day @ BRPS is on Thursday, 26th March 2015

Come and meet the Speech Pathologist at school!

A special event for Year 1 & 2 parents

Date: Monday 16th March  
Time: 2:30-3pm
Venue: Learning & Support Room (small new portable classroom)

The talk will cover:

What are the benefits of having a Speech Pathologist working in the classroom?
What should I observe with my child’s speech and language?
What can I do to help support speech and language at home?
What should I do if I’m concerned about my child’s speech or language?
Have you met 3/4E?
Just 6 weeks into the year and we have already...

Eaten our way through the lunar cycle...

Dug deep into the core of the Earth and discovered that the Earth is like an onion in that it has many layers, but it is very different because each layer of the Earth is a different depth and made of different substances.

We twirled, whirled and froze in place to sculpt our Alberto Giacometti inspired statues.
Our shadows have been fascinating to look at during the day. We have learnt to manipulate our shadows by changing the direction of light just like the sun. We used torches and created our own shadow boxes to experiment.

The sun is an amazing source of light and heat. It allows plants to grow, animals to thrive and keeps us healthy. Vitamin D is needed to keep our bones strong. With just 30 minutes of UV exposure a day, your body can absorb enough Ultraviolet (UV) light to begin to produce Vitamin D. This is great, but some of us stay out in the sun for too long and the effects of that can be quite harmful. 3/4E tested some sun safe items such as sunglasses, sun cream, rash shirts and umbrellas.

Using UV beads, we found that not all sun creams and sunglasses are as effective in blocking the harmful sun rays.
Blue Certificate

Hayden Fletcher  Aryan Shah
Jennifer Francis  Liam Craig
Jennifer Speechley  Chaela-Lee Falls

GOLD AWARD WINNER
Piper Cole

Sports Awards

Riley Farrugia  Ruby Walker  Safwan Obeid
Eleisha Speechley  Leon Alizart  Mitchell Hagan
Marwan Obeid  Chandelle Falls  Olivia Stevens
Jacques Murray  Joshua Carver

MCE  MCZ  Baykar Taha
Educational Speech Pathology & Therapy Services

Your school is receiving services from a therapist in our team. We would like you to get to know us!

Like us on Facebook!
Search “Educational Speech Pathology and Therapy Services”

We regularly post information about therapies & child development. **NEW** this year - Every Friday we will post a therapy activity for parents to do at home! You might like to suggest that parents of your class check it out for fun homework over the weekend.

Visit our Website!
www.educationalspeechpathology.com.au

We look forward to working with you and your school!

Follow us on Twitter!
Search “ESP_TS”

**Therapists, Teachers & Parents working together**
Everyone's good at something!
Supporting kids’ confidence

Mateo really likes football but he's not sure about playing with the local team. He thinks: "I'm not as good as the other kids are. What if they don't pass the ball to me? What if I drop it?" Mateo often stops himself from having a go at new things. He doesn't want to look silly.

He would rather let others go first so he can watch what they do. At school when the teacher asks him a question he often says "I don't know" even if he does know the answer. Mateo doesn't want to get things wrong. When he makes a mistake on his homework he gives up and says, "I can't do it."

His parents want him to try. "You've got to have a go," his dad says, "otherwise, how will you learn?"

Children who lack confidence in their abilities sometimes try to avoid even having a go at some things. This can get frustrating for parents and carers. It can also stop children from developing the skills they need to tackle tasks confidently.

How confidence develops

For most children starting school means spending more time on learning and less on play. It also means more expectations of them – from parents, carers, teaching staff and also from themselves.

Primary school children typically start out with high expectations. When they see how well they do things compared to others, their view of their own abilities often changes. They learn that they are good at some things and not so good at others. They also see how other children and teaching staff respond to what they do.

These things influence children’s confidence in their abilities. They also influence how willing they are to have a go in situations where they feel unsure.

How parents and carers can help

Confidence improves through building on small successes. Parents, carers (and teaching staff) can help by:

- explaining to children that skills develop with practice
- encouraging children to persist when they don't succeed straight away
- praising effort, persistence and improvement
- making sure that goals are achievable by breaking down large tasks or responsibilities into small steps
- being ready to help when necessary, without taking over.

Encouraging children to have a go and valuing individual improvement support children’s confidence.
Confident thinking

Self-esteem is an important part of confidence. Having good self-esteem means accepting and feeling positive about yourself. Confidence is not just feeling good but also knowing you are good at something.

Particular ways of thinking are very important for building confidence. Helpful ways of thinking include:

- believing that, if you try, you can succeed
- finding positive ways to cope with failure that encourage having another go
- enjoying learning for its own sake by competing with your own performance rather than that of others.

Dealing with disappointment

Everybody fails to achieve their goals sometimes. Parents and carers (and teaching staff) can help by:

- Responding sympathetically and with encouragement, e.g. “That was disappointing, but at least you had a go.”
- Helping kids focus on what they can change to make things better, rather than thinking that the situation is unchangeable or that there is something wrong with them, e.g., “What can you try that might make that work better next time?”
- Challenging ‘I can’t’ thinking by showing, and saying, you believe in them and reminding them of what they have achieved.

Optimistic thinking recognises what has been achieved more than what is lacking. It looks at the glass as half full rather than half empty.

Parents and carers can help children focus on their own effort and on achieving personal goals as the best way to measure success.

Further information on supporting children’s confidence is available in the other KidsMatter resource packs at your school.

The following web pages may also be of interest:


This resource is part of the KidsMatter Primary initiative. The team at KidsMatter welcomes your feedback at www.kidsmatter.edu.au
THE HILLS SPORTS HIGH SCHOOL
OPEN AFTERNOON
WEDNESDAY 11TH MARCH 2015, 3.30pm-6pm

2015 Year 6 students and their parents are invited to attend The Hills Sports High School Open afternoon, come along and meet staff, explore what learning opportunities are available, visit our specialist rooms and Science Laboratories for practical lessons.

Tours of the school will occur every half hour until 6pm.

Talented Sports Program
There will be an Information session hosted by the Director of Sports at 5pm in the library for interested students & parents.

TALENTED SPORTS PROGRAM OPEN NIGHT
An information evening will be conducted for students and parents interested in the Talented Sports Program for 2016 on Monday 4th May, 2015 at 6.30pm. Sports on offer are AFL, Athletics, Baseball, Cheerleading, Cricket, Golf, Netball, Rugby League, Rugby Union, Rugby “7’s” (Girls), Soccer, Softball, Swimming, Touch Football, and Water Polo.

Sport and Fitness Trials will be held in May/June 2015,


ENJOY A REFRESHMENT AS YOU TOUR THE SCHOOL, PROVIDED BY OUR SENIOR HOSPITALITY STUDENTS

Prices

Coffee
Small - $2.50
Large - $3.00
Milkshakes - $3.50

SAFETY, TOLERANCE, ACHIEVEMENT, RESPECT.
Nepean Creative and Performing Arts High School

Open Night

Tuesday
17 March 2015
5 p.m. - 7 p.m.

student performances school tours open classrooms displays

115-119 Great Western Highway Emu Plains 2750
www.nepean-h.schools.nsw.edu.au
Email: nepean-h.school@det.nsw.edu.au
Phone: 4728 7200
Fax: 4735 6141

Free Music Lesson Call 96879978 to book in your FREE LESSON!

Using advanced teaching methods for better results!
AMEB Exams available in May and November

Enrol Now!

Instrument Hire available:
Piano | Violin | Guitar | Singing | Saxophone
Flute | Clarinet | Drums | Trumpet | Trombone

Shine Music School Parramatta
9/2 O’Connell St, Parramatta
Park in Westfield Parramatta
www.shinemusic.com.au
Offer expires 28th of February 2015
**Wenty Waratah Netball Club Inc.**

**PLAYERS NEEDED**

**INTERESTED IN PLAYING NETBALL**

**Wenty Waratah Netball** are looking for players aged
- 8 years (2007)
- 9 years (2006)
- 10 years (2005)

Training Wednesday night
Time: 6:00pm – 7:30pm
Edgerton Netball Courts
Ted Burge Sportsground
Cnr Centenary Road & Fairmount Street
South Wentworthville

All NEW players must supply 2 passport size photos, and a copy of their Birth Certificate

Play on Saturday at
Blacktown City Netball Association
International Peace Park

Please direct any enquiries to our Secretary, Lisa on
0438 248 898, email: wentywara@hotmail.com

---

**The Mother’s Day Classic – 10 May 2015**

**Parramatta Park or The Domain**

Get ready to celebrate a classic Mother’s Day!

Registration opened in December 2014 for Australia’s biggest breast cancer research event, the annual **Women in Super Mother’s Day Classic**.

Every Mother’s Day for the past 17 years, Australians have walked or run to fund research and honour those who have been diagnosed with breast cancer.

At the 2014 Mother’s Day Classic more than 135,000 participants in 97 events around the nation and on overseas military bases raised $4.5 million, bringing the overall total raised to $24.3 million.


This year’s event is being held on Sunday 10 May 2015, and is open to all ages and fitness levels, so there is something for everyone, whether you want to participate or simply come along and support.

More than a quarter of a million people have participated in past Mother’s Day Classic events, and you can too this year by registering at [www.mothersdayclassic.com.au](http://www.mothersdayclassic.com.au).

The Mother’s Day Classic was established in 1998 by **Women in Super**.

Women in Super continue to organise the event. Since Women in Super initiated the event in 1998, survival rates for women diagnosed with breast cancer have increased to 85%.

**ME Bank** has proudly supported the Mother’s Day Classic as the major sponsor since 2005.

---

Beresford Road Public School does not endorse any item or service advertised in this newsletter